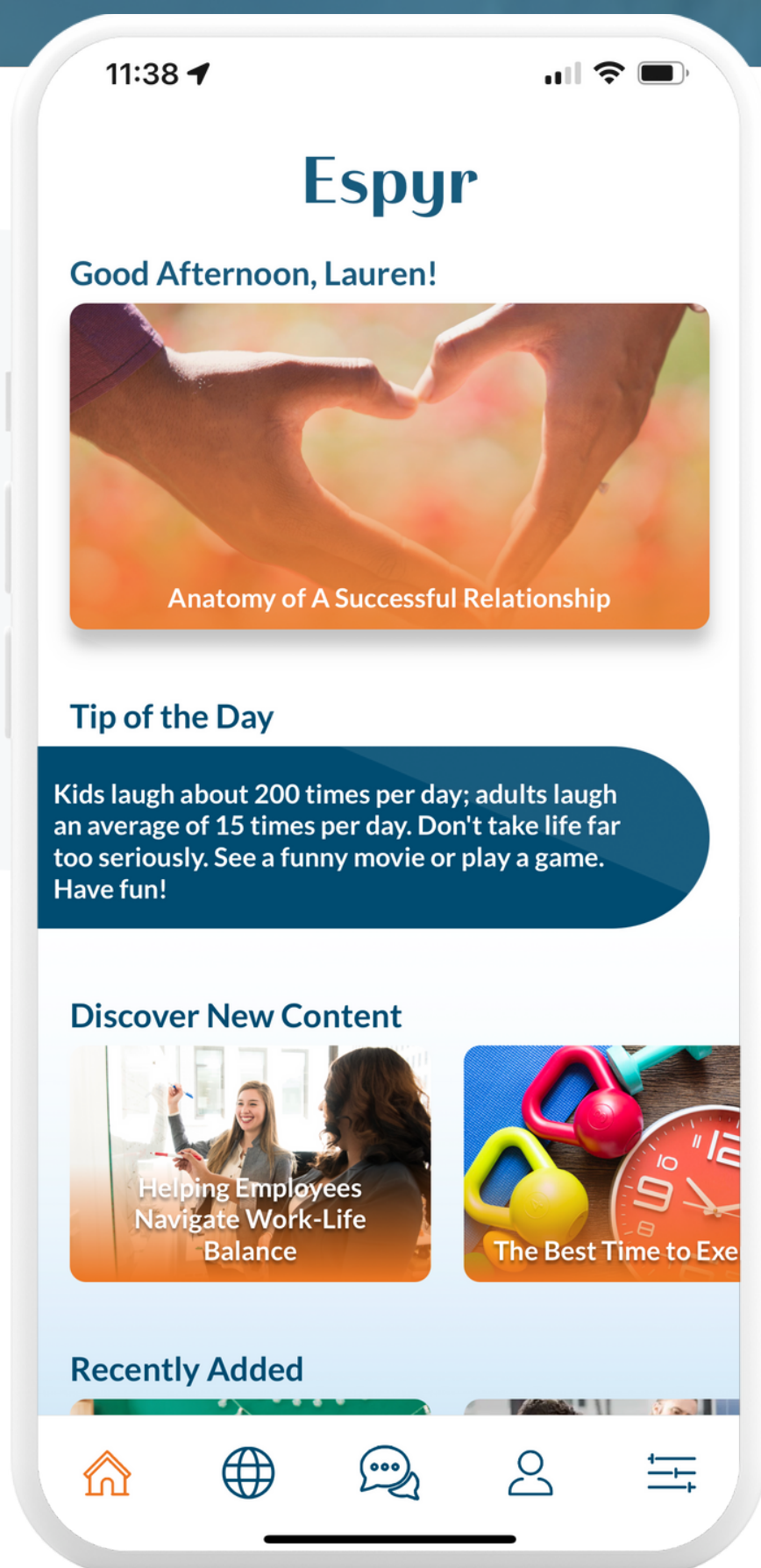
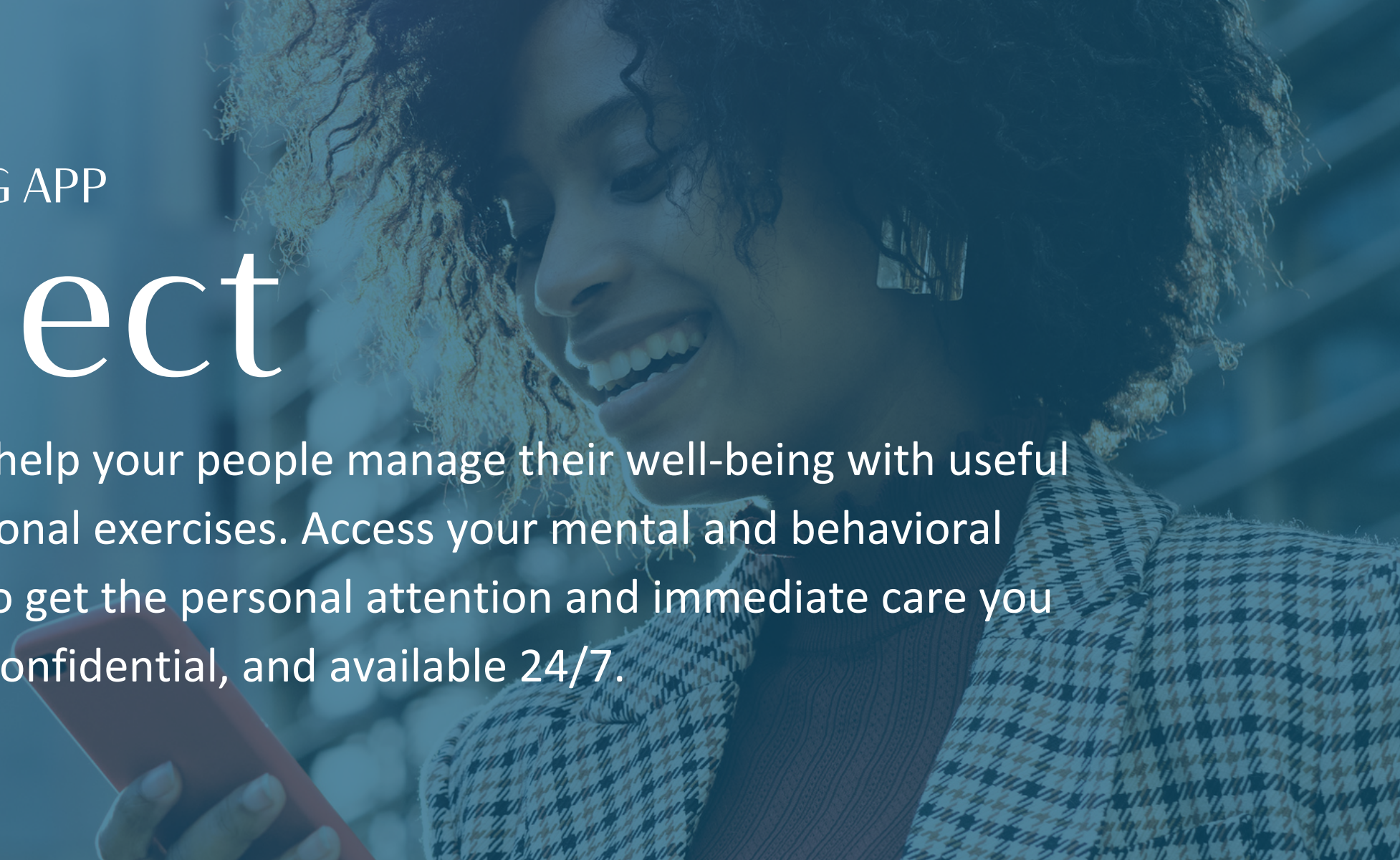


ON-DEMAND MENTAL HEALTH & WELL-BEING APP

Espyr Connect

Espyr Connect delivers on-demand resources to help your people manage their well-being with useful tips, relevant articles, assessments, and motivational exercises. Access your mental and behavioral health services including TalkNow® via the app to get the personal attention and immediate care you need easier than ever. Espyr Connect is secure, confidential, and available 24/7.



3 Easy Steps to Get Help

Resources and services at your fingertips.

1

Download Espyr Connect

Download the app from Apple or Google Play Store and use your Organization ID to create an account

2

Create Your Account

Use your Organization ID, full name, and email to get registered

3

Start Exploring

Update your profile, browse the resources, get immediate help, and save your favorite articles

Espyr Connect's Well-Being Impact

Reach your full potential with Espyr Connect. Find resources that help you:



Stay
Balanced



Reduce
Stress



Be
Resilient



Organization ID: JCSS2018

For additional support:

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